

## Activity Guide

### Sowing Seasonal Seeds

#### Items required:



*punnet*



*seeds*



*seed raising mix*



*scoops*



*sprayer*



*labels & marker*

#### Steps:

1. Use scoop or plastic spoons to fill punnets or pots with seed raising mix.

**TIP** - if re-using old punnets or pots wash before use



2. Loosen mix with small stick.

3. Sprinkle seeds over seed raising mix.



4. Cover with a light sprinkle of seed raising mix

5. Spray seed raising mix and seeds gently with water sprayer



6. Using marker pen record seed name on plastic plant label

7. Place punnets or pots into plastic trays and place in a greenhouse, shadehouse or part shade/sun position.



8. Spray with water twice per day until seeds germinate

**TIP** – apply a weak application of liquid fertiliser to seedlings twice per week for strong growth.

*Seedlings are ready for planting out when they have 5 or more healthy leaves.*

