# Your 25 Point CHECKLIST

## to avoid pesky garden problems!

Use this checklist to ensure you're on the right (garden) path to successful growing.

## PLANNING

Planning your growing spaces is one of the most important things you can do when creating gardens to grow fresh food.

**Good planning will save you time and money!!**

When planning your garden, have you...

☑ created a Vision Board or Mud Map to design your new spaces?
Find my easy design methods in the eBook link below!

☑ located your garden to maximise sunshine?
Get to know where the maximum sunshine is throughout all seasons to ensure your garden thrives year round.

☑ designed in garden elements (raised beds, fruit trees, compost, water tanks/taps, etc) to ensure they are in the best location for ease of access?

☑ considered the time you have available to maintain your garden?
If you have limited time then create one or two garden spaces to grow. More time available then create more gardens.

Here's a few extra ideas on planning your garden space...

🍀 Listen to Podcast Episode 018 - Planning Your Dream Garden
www.soiltosupper.com/episode-018-planning-your-dream-garden/

🍀 Download eBook - How to Plan & Create a Sustainable Garden. You'll find simple Planning and Creating steps...CLICK HERE!

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# CREATING

Once your garden is planned you can start creating garden spaces to grow in.

**This is the fun time to get your hands dirty, create your garden spaces and have fun watching your planning come to life!**

When creating your garden, have you...

- ✓ established pathways for easy access to all garden spaces?
  Ensure pathways are wide enough to take wheelbarrows and gardening equipment and also to sagely access all of your garden spaces.

- ✓ dug out suitable size holes to plant trees and shrubs?
  They'll grow bigger and have deeper root systems if the roots have room to move.

- ✓ added organic matter to improve your soil?
  Remember – Healthy Soil = Healthy Food.

- ✓ completed a pH test of your garden soil?
  Get to know your soil pH before putting plants into your garden.

- ✓ created easy no-dig gardens?
  The quickest and cheapest method for building garden beds for your kitchen garden.

Here's a few extra ideas on creating your garden space...

- Listen to Podcast Episode 004 - Starting Your Garden From The Ground Up
  soiltosupper.com/004-starting-your-garden-from-the-ground-up-podcast/

- Read this article on creating No-Dig Gardens
  soiltosupper.com/how-to-build-a-no-dig-garden/

- Follow Simple steps to a pH Test
  soiltosupper.com/how-to-test-ph-of-your-garden-soil/

- Learn easy ways to feed your soil to grow more food!
  soiltosupper.com/5-easy-ways-to-feed-your-garden-and-grow-more-food/

# GROWING

Now your garden spaces are ready, it's time to get growing!

**You'll choose plants to suit your climate, grow the foods you love to eat and enjoy abundant crops through each season.**

When growing your garden, are you...

- ✓ choosing plants suitable for your climate?
  Plants are healthier growing in a climate they enjoy.

- ✓ growing a mix of perennials and annuals?
  This saves time and money by growing both.

- ✓ sowing seeds into punnets or small pots?
  Keep them watered twice per day with a small hand sprayer.

- ✓ growing mixed species of plants in each garden bed?
  This is called Companion Planting and is essential for healthy soil and minimal pests.

- ✓ using premium potting mix when growing in containers?
  Always choose THE best mix to grow your plants!

Here's a few extra ideas on growing your garden...

- Listen to Podcast Episode 017 - Grow and Enjoy Fresh Herbs
  soiltosupper.com/episode-017-grow-and-enjoy-fresh-herbs/

- Also Listen to Episode 009 - Growing Food in Small Spaces
  soiltosupper.com/episode-009-growing-food-in-small-spaces/

- Read this article on Sowing Seeds, also download the simple steps to follow -
  soiltosupper.com/simple-steps-to-sowing-seeds/

- Try growing Micro-Greens...they're itty bitty little leaves!
  soiltosupper.com/microgreens-growing-itty-bitty-little-greens/

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# THRIVING

After following the planning, creating and growing methods, it's time to nurture your garden to continually harvest abundant crops.

**Enjoy a thriving garden and the joy of successful growing!**

For your garden to thrive, it's good to...

- ✓ feed fruit trees each season and apply mulched around each tree.
  This helps to keep your fruit trees healthy and productive and resistant to pests and diseases.

- ✓ setup a simple 'In-Garden' Compost system to nourish your soil.
  You'll also reduce waste AND save money!

- ✓ apply water to compost ingredients to stay moist.
  Ingredients break down quicker of they are moist...but not over-wet.

- ✓ check all irrigation pipes, sprayers and drippers to ensure they aren't blocked and are working correctly.
  This will ensure water is evenly spread through your garden and you're not wasting valuable water.

- ✓ schedule the timer on irrigation system for sufficient watering of garden.
  Watering requirements change between each season.

- ✓ place a bird bath in your garden to attract birds.
  They'll eat the bugs in your garden!

- ✓ follow bio-diversity methods to encourage beneficial insects to your garden.
  Try planting flowers and aromatic herbs to encourage the good bugs!

- ✓ remove all use of chemical weed sprays.
  Chemicals kill weeds, but also the organisms in soil which are useful to ensure you have healthy plants.

- ✓ follow my 'Sheet Mulching' method to smother and kill weeds.
  You'll find the steps in the No-Dig article.

- [x] regularly harvest foods so you enjoy them before little critters do.

- [x] establish a succession planting program to ensure you have a constant supply of fresh food growing.

- [x] prune shrubs to keep them at manageable size and off pathways/walkways or out of gutters.

Here's a few extra ideas on growing your garden...

- Listen to Podcast Episode 016 - Managing Pests Naturally
  soiltosupper.com/episode-016-managing-garden-pests-naturally

- Also listen to Episode 007 - Nurture Your Garden With These Simple Steps
  soiltosupper.com/episode-007-nurture-your-garden-with-these-simple-steps-podcast/

- Read this article and follow simple steps to successful Composting...
  soiltosupper.com/do-you-know-how-to-compost/

- Understand the difference between Composting and Worm Farms...
  soiltosupper.com/whats-the-difference-between-composting-and-worms-farms/

**If you have any questions from completing this checklist, please post in our Soil to Supper Facebook Club.**

**www.facebook.com/groups/soiltosupperclub**

**I'll see you there each day to help you with gardening solutions!**

## This information is part of the Soil to Supper Community 'Field Guide'

As a Community Members you'll access;

- Monthly Growing Guide
- Monthly Masterclass
- Online Courses
- Field Guide
- Private Facebook Group
- Videos, Articles & Loads of resources
- One-on-One support with Cath
- PLUS loads more!

**Find out more at**
**soiltosupper.com/community**

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