

2 Day Professional Development in Horticultural Therapy

2017 In-House Staff Training Booking Form

Soil to Supper offers In-House 2 Day Professional Development to provide staff with skills and knowledge required to deliver Horticultural Therapy activities to residents and clients.

At Soil to Supper we believe that everyone of all ages and abilities needs a connection with nature and to experience a sense of joy and the health benefits gained from gardening activities.

Through the training participants will learn;

- ✓ How gardening benefits people within aged care, especially within memory support units
- ✓ Practical activities included in a gardening program
- ✓ Therapeutic plants and their uses
- ✓ How to assist residents and clients during gardening activities
- ✓ Co-ordinating volunteers to assist with programs
- ✓ Preparing gardens for activities
- ✓ Measuring outcomes from program

Training is held over two consecutive days and held in-house at a suitable training location within the organisation.

Training fees are as follows:

- Up to 6 participants - \$3500
- 7 – 14 participants - \$6500

PLUS Soil to Supper's travel and accomodation fees which will depend on the training location.

The 2 Day Professional Developmet includes a workbook for each participant and certificate of attendance.

To provide a broad range of knowledge we draw on extensive Horticulture and Horticultural Therapy skills, knowledge and experience to provide training courses.

Participants will gain knowledge through theory and hands-on activities to gain an understanding of Organic Gardening methods and Horticultural Therapy activities.

This will ensure that participants receive a holistic skill and knowledge base for therapeutic gardening, which will support the garden's growth and provide residents with positive experiences throughout the seasons and into the future.

Bookings are essential 30 days prior to in-house training and upon confirmation of dates a 50% deposit is required to secure your booking.

Final payment is due 7 days prior to training.

Please choose two preferences (tick 2 boxes) for training dates;

- March 30-31st
- April 27 – 28th
- May 25-26th
- July 27-28th
- August 24-25th
- October 26-27th

Confirmation of date will be forwarded to you along with deposit invoice.

Your Name:

Organisation:

Email:

Contact phone number:

Chosen location for training:

Please return completed booking form to Ashleigh Shea – admin@soiltosupper.com

For further information and to discuss your needs, please contact Cath Manuel.

0408 060 997 | cath@soiltosupper.com | www.soiltosupper.com

Or visit www.soiltosupper.com/horticultural-therapy



'Gardening for Health and Wellbeing'